

## Back to school! August 27

Send the kids back to school and come join us for some relaxation at our last Mommy & Me Yoga Class. Aug. 27 at 10:30am at the Arlington Yoga Center. See what else we have going on at [www.gorbellas.org](http://www.gorbellas.org).



### ← Cute and Mom appropriate...

Every mom on the block will want one of these T's – and the best part is it's for a good cause! Visit Gorbella's Gift & Gear Shop. Go ahead...happy shopping! [www.cafepress.com/gorbellas](http://www.cafepress.com/gorbellas)



### Christmas in July

Your child will delight in receiving a handwritten letter and handmade card from Santa Claus! We're getting a head start on Santa Mail for a Mission – one of our biggest fundraisers of the year. Don't procrastinate! Order your letters from Santa now – just \$5 each! – for Christmastime delivery. The order form is now on our website [www.gorbellas.org](http://www.gorbellas.org).

### ★ Family-friendly finds!

As if you need another reason to love Target stores, we love the fact that most in-store Target delis now make meal deals with organic foods. Way to go, Target!

**The snack that smiles back** gets a smile from Gorbella's for its new marketing campaign called "Fishful Thinking." The makers of Goldfish crackers recently launched a coordinating website with interactive tools to inspire positive thinking in children. [www.fishfulthinking.com](http://www.fishfulthinking.com). The print ad that caught our eye simply states, "How children see things depends on what we teach them." So true.

**Good, clean housework** doesn't have to be toxic. We should be able to have a clean house without worrying if our child is going to inhale the fumes from the cleaning products. Which is why **Method** brand cleaning supplies made it on our family-friendly finds list. Method created a line of natural, non-toxic, family-friendly cleaning products that "keep your home cootie-free without resorting to dangerous chemicals." We've seen it at Target, Wal-Mart, and other grocery stores.

E-mail your family-friendly finds to [contact@gorbellas.org](mailto:contact@gorbellas.org).

### Gorbella's is growing

We're currently seeking community members who have a passion for family friendliness to join our Board of Directors. Opportunities on our Board include Vice President, Secretary, Event Coordinator, Advertising Coordinator, Webmaster, and Working Mom Liaison. Please e-mail us for more information: [contact@gorbellas.org](mailto:contact@gorbellas.org)

#### Gorbella's Board of Directors

Eryn Hall, President  
Jeff Hall, Treasurer  
Cindy Nelson, Chief Volunteer Officer  
Cynthia Lopez, Chairperson  
Bianca Landis, Chairperson  
Casey Snyder, Photographer

Gorbella's mission is to create and promote family-friendly establishments in the community, with a long-term goal of establishing its own nonprofit coffeehouse that is communal, accessible, and attractive for families with young children to gather for food and drink, socialization, education, support, resources, and activities. The organization will promote community inclusion, social interaction, social networks, and healthy lifestyles, in an effort to prevent families with young children from being subjected to social and community isolation.

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